

HOSPITAL
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150
YEARS



CME



MAJOR LEAGUE SOCCER MEDICAL SYMPOSIUM

JANUARY 12, 2013 ■ FT. LAUDERDALE, FL

This activity has been approved for *AMA PRA Category 1 Credits™*.
This activity has also been approved for Physical Therapy Contact Hours and NATA CEU credits

JOINTLY SPONSORED BY Hospital for Special Surgery Office of
Continuing Medical Education & Major League Soccer



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LOCATION Harbor Beach Marriott Resort & Spa, 330 Holiday Drive, Fort Lauderdale, Florida

OVERVIEW Collegiate and professional soccer leagues rely upon their medical teams to treat soccer-related injuries and return injured players to the game. This activity will provide medical teams with guidance on the identification, prevention and treatment of injuries common to soccer athletes, such as injuries to the foot and ankle, soft tissue injuries about the pelvis and hamstring, the use of adjuvant treatments like orthobiologics and accelerated physical therapy, and discussion of life-threatening injuries such as concussion and cardiac abnormalities, which may prevent or delay players from entering or returning to the game.

As a result of participating in this activity, medical teams who treat collegiate and professional soccer players will work collaboratively to identify, prevent and rehabilitate injured players to get them back into the game in a safe, systematic manner.

TARGET AUDIENCE This activity is targeted to specialty physicians, orthopaedic surgeons, primary care physicians, athletic trainers, rehabilitation therapists and physical therapists.

OBJECTIVES HSS activities are intended to improve the quality of patient care and safety. At the conclusion of this course, participants will be able to:

- ✓ Screen players at risk for common soccer-related injuries such as ankle injuries (peroneal tendon tears, subluxating tendons, cavus feet).
- ✓ Understand the mechanisms of ankle injuries and implement methods to prevent repeat injuries and initiate treatment plans to return players to play as appropriate.
- ✓ Implement the most current MLS protocols for treating concussions in professional soccer athletes.
- ✓ Learn on-the-field strategies and return-to-play treatments and strategies to grow their foundation of knowledge of brain injuries.
- ✓ Identify and treat cardiac abnormalities in order to appropriately give clearance to soccer athletes and learn life-saving strategies to reduce the worldwide incidence of sudden cardiac death in soccer.
- ✓ Diagnose and implement treatment plans for extra-articular hip injuries common in soccer athletes.

- ✓ Understand when to treat athletes with postural and biomechanical rehabilitation with a goal of returning them to play and preventing future problems.

ACCREDITATION This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Hospital for Special Surgery and Major League Soccer. Hospital for Special Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION Hospital for Special Surgery designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Hospital for Special Surgery is a New York State Education Department approved provider for physical therapy continuing education. Hospital for Special Surgery designates this live activity for a maximum of 8.7 contact hours. Approval for continuing education credit in Florida for 8.7 contact hours is pending.



Hospital for Special Surgery is recognized by the Board of Certification, Inc., to offer continuing education for Certified Athletic Trainers. This symposium is accredited for up to 7.25 Contact Hours for NATA credits. According to the education levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Essential Level.

FACULTY DISCLOSURE In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial Support, all CME providers are required to disclose to the activity audience the relevant financial relationships of the planners, teachers and authors involved in the development of CME content. An individual has a relevant financial relationship if he or she has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the CME activity content over which the individual has control. It is the policy of Hospital for Special Surgery to disclose **all** financial relationships that planners, teachers and authors have with commercial interests.

FOR MORE Go to www.hss.edu/cme for a complete calendar of scheduled live CME activities and online CME offerings.



PROGRAM AGENDA

- 7:15a **Continental Breakfast and Networking**
- 8:00a **Welcome and Introduction**
- 8:15a **Foot and Ankle Injuries in Soccer**
- **What's New in Foot and Ankle 2013?**
Eric Giza, MD
 - **Rehabilitation Techniques for Functional Return to Play with Ankle Injuries**
Jaime Rojas, MS, ATC, CSCS
 - **Q&A**
- 9:30a **Break**
- 9:45a **Critical Care Update Panel**
- **Concussion**
 - **KEYNOTE ADDRESS**
Taylor Twellman
 - **On-field Assessment of Head Injuries**
Kevin Crutchfield, MD
 - **Vestibular Rehab: Indications, Research, Techniques and Medical Treatment of Concussion**
Laura Morris, PT
 - **Cardiac**
 - **Current Concepts and Screening/ Treatment Strategies**
Michael A. Chizner, MD, FACP, FACC, FAHA
- 11:45a **Lunch**
- 12:45p **Non-operative Orthopaedic Injury Update**
- **Orthobiologics and their Application in the Soccer Population**
Bert R. Mandelbaum, MD, DHL (Hon)
 - **Update On Muscle Injury Epidemiology, Diagnosis and Classification in the Elite Soccer Athlete**
Kai Mithoefer, MD
 - **Extra-articular Injuries to the Hip and Hamstring: Current MLS Trends, Causes, Prevention Strategies and Rehab Techniques**
John Gallucci Jr., MS, ATC, PT, DPT; Brian Goodstein
- 2:30p **Break**
- 2:45p **New Trends in the Treatment of the Soccer Athlete: Mini-Lectures**
- **Postural Restoration Assessment of the Soccer Athlete**
Michael W. Cantrell, MD
 - **Biomechanics of Movement: Transition from Treatment Table to Return to Play**
Sue Falsone, PT, MS, SCS, ATC, CSCS
- 4:15p **Networking**

Agenda is subject to minor change.

FACULTY

ACTIVITY DIRECTOR

Amanda Martin, DO
MLS Medical Meetings Coordinator
Orthopaedic Sports Medicine Physician
Lemak Sports Medicine and Orthopedics
Medical Director, NCAA Soccer Cup
Birmingham, AL

GUEST FACULTY

Michael W. Cantrell, MD
Sports Medicine Orthopaedic Surgeon
The Orthopaedic Center
U.S. Olympic Committee
Volunteer Physician
Huntsville, AL

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Chief Medical Director, The Heart Center of Excellence of Broward Health
Clinical Professor of Medicine
University of Florida College of Medicine
University of Miami School of Medicine
Nova Southeastern University College of Osteopathic Medicine
Barry University
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Kevin Crutchfield, MD
Director, Comprehensive Sports Concussion Program
Sandra & Malcom Berman Brain & Spine Institute
LifeBridge Health
Neurologist, Baltimore Ravens Football, Baltimore Orioles Baseball and D.C. United Soccer
Baltimore, MD

Ruben J. Echemendia, PhD
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Director, NHL Neuropsychological Testing Program
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Major League Soccer
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New York, NY

John Gallucci Jr., MS, ATC, PT, DPT
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Orthopaedic Surgeon, Advanced Orthopaedic and Sports Medicine Specialists, P.C.
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Chief Medical Officer, Colorado Rapids Soccer
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UC Davis Health System
Assistant Professor, University of California-Davis School of Medicine
Sacramento, CA

Brian Goodstein

Head Athletic Trainer, D.C. United Soccer
President, Professional Soccer Athletic Training Society
Washington, DC

Lawrence J. Lemak, MD

Medical Director, Major League Soccer
Founder, Lemak Sports Medicine & Orthopedics
Birmingham, AL

Bert R. Mandelbaum, MD, DHL (Hon)

Assistant Medical Director, Major League Soccer
Assistant Medical Director, Santa Monica Orthopaedic and Sports Medicine Group
Team Physician, US Soccer, Pepperdine University, LA Galaxy and Chivas USA Soccer
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Sue Falsone, PT, MS, SCS, ATC, CSCS

Vice President, Performance Physical Therapy and Team Sports Athletes' Performance (AP)
Phoenix, AZ
Head Athletic Trainer, L.A. Dodgers Baseball
Los Angeles, CA

Kai Mithoefer, MD

Orthopaedic Surgeon, Harvard Vanguard Medical Associates
Instructor, Harvard Medical School
Chestnut Hill, MA

Laura Morris, PT, NCS

Director, Balance and Vestibular Center
Eye and Ear Institute
Physical Therapist
Pittsburgh, PA

Jaime A. Rojas, MS, ATC, CSCS

Head Athletic Trainer, Colorado Rapids Soccer
Denver, CO

Taylor Twellman

Founder, THINKTAYLOR Foundation
Lead On-Air Soccer Analyst for Major League Soccer games, ESPN
Braintree, MA

HSS FACULTY

Riley J. Williams III, MD

Director, Institute for Cartilage Repair
Associate Attending Orthopaedic Surgeon
Associate Professor of Orthopaedic Surgery
Weill Cornell Medical College
Head Team Physician, New York Red Bulls Soccer and New Jersey Nets Basketball
New York, NY

PROGRAM COORDINATORS

Casey Reisner

Professional Education Events Coordinator
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New York, NY

Christoph Schoenbeck

Operations Coordinator, Major League Soccer
New York, NY

REGISTRATION

TWO EASY WAYS TO REGISTER!

- 1 Register and pay online at www.hss.edu/cme.
- 2 Register by mail using the registration form.

PAYMENT BY MAIL

Make check payable to:
Hospital for Special Surgery

Mail registration form to:
Hospital for Special Surgery
Professional Education Department
Education & Academic Affairs
535 East 70th Street
New York, NY 10021

CONFIRMATIONS

All registered participants will receive a confirmation via e-mail.

REFUND POLICY

A handling fee of \$25 is deducted for cancellation. Refund requests must be received by mail one week prior to the course. No refund will be made thereafter.

FOR MORE INFORMATION, PLEASE CONTACT

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ACCOMMODATIONS

A special discounted room block has been arranged for this meeting at The Harbor Beach Marriott Resort & Spa, Fort Lauderdale, located at 3030 Holiday Drive, Fort Lauderdale, FL 33316. Room rate is \$299 per night (plus 11 percent tax). Attendees can call the hotel directly at 954-525-4000 and ask for reservations, or call the toll-free reservations number at 800-222-6543. The block is held under MLS Guest Rate.

The cut-off date for the discounted conference rate is Monday, December 10, 2012. After December 10, standard room rates will apply. For more information on The Harbor Beach Marriott Resort & Spa, please visit the hotel's website at www.marriottharborbeach.com.

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Please print legibly.

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DATE (MONTH-DAY-YEAR)

____ FIRST NAME MI LAST NAME

____ DEGREE HOSPITAL AFFILIATION

____ EMAIL ADDRESS

____ STREET ADDRESS SUITE/APT #

____ CITY STATE ZIP CODE

____ - ____ - ____
DAYTIME PHONE

\$ ____ American Express MasterCard Visa Check enclosed
AMOUNT ENCLOSED

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CREDIT CARD # EXP. DATE

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SIGNATURE

Check here to receive the HSS eNewsletter. Please include email address above.

REGISTRATION FEES

Registration fees include breakfast, lunch, lecture handouts and CME/Physical Therapy/NATA credits. All registered participants will receive a confirmation via e-mail.

Register early, as space is limited!

Please note: Registration will not be processed unless accompanied by payment.

	Earlybird (By 12/6)	Regular
Physicians	\$225	\$250
Non-physicians	\$150	\$175

Online registration will close on January 9, 2013. After that time, only on-site registration will be available for an additional \$25 only if space permits.

This program may be recorded, filmed or photographed. By attending this program, you give permission to Hospital for Special Surgery to use your voice and likeness for any purpose (promotional, educational, or other), in any medium, and without remuneration of any kind to you.

Hospital for Special Surgery is an affiliate of NewYork-Presbyterian Healthcare System and Weill Cornell Medical College.

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