

# 2021 COURSES

## Primary Courses

### Myokinematic Restoration

Mar 27-28 Live Stream  
 Jun 12-13 Live Stream  
 Jul 24-25 Lombard, IL  
 Aug 21-22 Baltimore, MD  
 Sep 18-19 Warner Robins, GA  
 Nov 6-7 Live Stream  
 Nov 20-21 Phoenix, AZ

### Pelvis Restoration

Apr 10-11 Fort Collins, CO  
 Apr 17-18 Live Stream  
 Jul 17-18 Needham Heights, MA  
 Sep 25-26 Tualatin, OR  
 Oct 16-17 Live Stream  
 Nov 13-14 St. Paul, MN

### Postural Respiration

Feb 20-21 Live Stream  
 Mar 20-21 Scottsdale, AZ  
 May 15-16 Live Stream  
 Jul 31-Aug 1 Live Stream  
 Aug 28-29 Evanston, IL  
 Sep 11-12 Mill Creek, WA  
 Oct 9-10 Malta, NY

## Secondary Courses

### Impingement & Instability

Apr 10-11 Evanston, IL  
 Aug 14-15 Live Stream  
 Sep 25-26 Mechanicsville, VA

### Cervical Revolution

Feb 6-7 Live Stream  
 Jun 26-27 Atlanta, GA  
 Sep 18-19 Live Stream  
 Nov 6-7 Essex Center, VT

### Advanced Integration

Dec 2-5 Live Stream

## Annual Symposium

### Interdisciplinary Integration

Apr 22-23 Live Stream

## Tertiary Courses

### Cranial Resolution

Apr 10-11 Live Stream  
 Sep 11-12 Old Greenwich, CT

### Occlusal Cervical Restoration

Mar 13-14 Live Stream  
 Oct 8-9 Live Stream

### Forward Locomotor Movement

May 22-23 Live Stream  
 Nov 13-14 Live Stream

### Primary

### Non-Manual Techniques Workshop

Jan 29-30 Live Stream

### Secondary & Tertiary

### Non-Manual Techniques Workshop

Jun 4-5 Live Stream

### Voice Box Resonation

Oct 23-24 Live Stream

*\*More information coming soon!*

## Home Study Courses

Myokinematic Restoration

Pelvis Restoration

Postural Respiration

*\*All live stream courses will be hosted in Lincoln, NE and will have limited in-person attendance.\**

*Please visit our website for more information:*

[www.posturalrestoration.com](http://www.posturalrestoration.com)