

# PRI Interdisciplinary Studies Summit 2024



***Robert "Skip" George, DC, CCSP, CSCS, PRC***

North Logan, UT

**Presentation Title:** *Psychosis or Neurosis: Two PRI Case Studies*

Robert "Skip" George, D.C., CCSP, CSCS, PRC has been practicing chiropractic since 1980. Over the years his practice approach expanded to integrate chiropractic, rehabilitation and sports performance training into a community-based wellness care model. He has certifications in rehabilitation, functional movement and strength and conditioning. He has a strong focus on diaphragmatic function and breathing as they relate to anatomical position, posture and performance.

Over the course of his career he has treated a wide variety of patients including grade school to college level athletes. He has also treated and provided performance training to professional athletes and elite military personnel as well as aging weekend warriors that want to stay vital and continue to function at their highest level.

Dr. George was the first chiropractor to become a Postural Restoration Certified (PRC) practitioner by the Postural Restoration Institute (PRI) in 2014. He then had the honor to be invited to become a faculty member for PRI in 2015. He currently presents two PRI courses, Postural Respiration and Cervical Revolution, nationally and internationally, as a Postural Restoration Institute faculty member.

Dr. George practiced in La Jolla, CA until 2021 then moved to North Logan, Utah to continue private practice and mentor other healthcare professionals including chiropractors, physical therapists, dentists, athletic trainers and strength and conditioning professionals. In addition, his motivation to move to Utah was to pursue his passion for the outdoors, spending time in the back-county wilderness and photography of nature and wildlife.