

PRI Interdisciplinary Studies Summit 2024



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Presentation Title: *Management of Heritable Connective Tissue Disorders and Their Comorbidities*

Amy graduated as a physical therapist from Thomas Jefferson University in 1992. She always enjoyed working with complex patients who have struggled to improve with traditional approaches to healthcare. These involved cases inspired her to take extensive continuing education and training in manual therapy and nutrition. While working with patients with chronic back pain Amy chose to become certified as a Schroth scoliosis therapist, which led to increased exposure to people with connective tissue disorders. While working with this population she learned about the seemingly unrelated symptoms that were all linked by these connective tissue issues. For the last several years Amy has been focusing on finding ways to help patients with hypermobility and chronic pain find increased ease of function and control of their symptoms to allow for an improved quality of life.