

# 2021 COURSES

## Primary Courses

### Myokinematic Restoration

Mar 27-28	Live Stream
Jun 12-13	Live Stream
Jul 24-25	Lombard, IL
Aug 21-22	Baltimore, MD
Sep 18-19	Warner Robins, GA
Nov 6-7	Live Stream
Nov 20-21	Phoenix, AZ

### Pelvis Restoration

Apr 10-11	Fort Collins, CO
Apr 17-18	Live Stream
Aug 7-8	Virginia Beach, VA
Sep 25-26	Tualatin, OR
Oct 16-17	Live Stream
Nov 13-14	St. Paul, MN

### Postural Respiration

Feb 20-21	Live Stream
May 15-16	Live Stream
Jul 31-Aug 1	Live Stream
Aug 28-29	Evanston, IL
Sep 11-12	Mill Creek, WA
Oct 9-10	Malta, NY

## Secondary Courses

### Impingement & Instability

Aug 14-15	Live Stream
Sep 25-26	Mechanicsville, VA

### Cervical Revolution

Feb 6-7	Live Stream
Sep 18-19	Live Stream
Nov 6-7	Essex Center, VT

### Advanced Integration

Dec 2-5	Live Stream
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## Annual Symposium

### Interdisciplinary Integration

Apr 22-23	Live Stream
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## Tertiary Courses

### Cranial Resolution

Apr 10-11	Live Stream
Sep 11-12	Old Greenwich, CT

### Occlusal Cervical Restoration

Mar 13-14	Live Stream
Oct 8-9	Live Stream

### Forward Locomotor Movement

May 22-23	Live Stream
Nov 13-14	Live Stream

### Primary

### Non-Manual Techniques Workshop

Jan 29-30	Live Stream
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### Secondary & Tertiary

### Non-Manual Techniques Workshop

Jun 4-5	Live Stream
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### Voice Box Resonation

Oct 23-24	Live Stream
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*\*More information coming soon!*

## Home Study Courses

Myokinematic Restoration

Pelvis Restoration

Postural Respiration

**\*All live stream courses will be hosted in Lincoln, NE and will have limited in-person attendance.\***

Please visit our website for more information:

[www.posturalrestoration.com](http://www.posturalrestoration.com)