

2009 Sanford Sports Medicine

SYMPOSIUM

May 8-9, 2009

Ramkota Hotel & Conference Center
Sioux Falls, SD



Sanford
Orthopedics & Sports Medicine

sanfordhealth.org/sportsmedsymposium

Featured Guest Faculty



Robert C. Cantu, MD

Neurosurgeon

Chair of the Department of Surgery

Service Chief of Neurosurgery

Chairman of the Sports Medicine Committee Emerson Hospital

Robert Cantu, MD is the Chief of Neurosurgery, Chairman of the Department of Surgery, and Director of Sports Medicine at Emerson Hospital in Concord, Massachusetts. He also serves as a Clinical Professor in the Department of Neurosurgery, Boston University School of Medicine; Adjunct professor Exercise and Sport Science, University North Carolina; Medical Director National Center for Catastrophic Sports Injury Research, University of North Carolina; Co-Director, Neurologic Sports Injury Center, Brigham and Women's Hospital, Boston, Neurosurgical Consultant Boston Eagles football team and Boston Cannons professional soccer team.

He received his bachelor's degree from the University of California Berkley, his master's degree in endocrinology in 1962, and in 1963, his medical degree from the University of California Medical School in San Francisco. He completed his surgical internship at Columbia-Presbyterian Hospital in New York City and a neurosurgery residency at Massachusetts General Hospital in Boston, in addition to a simultaneous position of research fellow in physiology at Harvard Medical School.

Dr. Cantu has been actively involved with the American College of Sports Medicine (ACSM), serving as President and as Treasurer. In 1996, he was awarded the ACSM's Citation Award. This year, Dr. Cantu gave the J.B. Dill Lecture on the History of Concussions at ACSM's annual meeting in New Orleans. He has also been involved with the NFL and Roger Goddell regarding concussions and management guidelines. In addition, Dr. Cantu has served as the ACSM spokesperson regarding NASCAR deaths and safety issues, the consultant for NOCSAE to the NFL Concussion Committee and Co-Chairman for the NASCAR Safety Task Force.

Dr. Cantu has authored over 300 scientific publications, including 21 books on neurology and sports medicine, in addition to numerous book chapters, peer-reviewed papers, abstracts and free communications, and educational videos. He has served as a consultant to many scholastic and professional athletes on the return to collision sports after a head injury or spine injury, and is active speaking on a variety of health-related interests including the overall benefits of moderate regular exercise; the special health and exercise concerns of senior citizens; and sports safety issues with high school athletic trainers, coaches, students and parents.



Christopher M. Powers, PhD, PT

Physical Therapist

Co-Director of Musculoskeletal Biomechanics Research Lab University of Southern California

Christopher M. Powers, PhD, PT is an Associate Professor in the Department of Biokinesiology & Physical Therapy, and Co-Director of the MBRL at USC. He also has joint appointments in the Departments of Radiology and Orthopaedic Surgery within the Keck School of Medicine. His primary teaching responsibilities include the areas of biomechanics and the mechanics of human gait. He received a bachelor's degree in Physical Education from the UC-Santa Barbara in 1984, his master's degree in Physical Therapy from Columbia University in 1987, and a doctorate degree in Biokinesiology in 1996 from USC. Dr. Powers completed his post-doctoral training at the Orthopaedic Biomechanics Laboratory, UC-Irvine.

Dr. Powers studies the biomechanical aspects of human movement. More specifically, his research and publications are concerned with the kinematic, kinetic and muscular actions associated with human movement, the pathomechanics of orthopedic disabilities and issues related to rehabilitation of the musculoskeletal system. He has published over 70 peer-reviewed articles and 120 abstracts and has received several research awards from the American Physical Therapy Association, including the Rose Excellence in Research Award from the Orthopaedic Section, the Eugene Michels New Investigator Award, the Dorothy Briggs Scientific Inquiry Award and the Helen J. Hislop Award for contributions to the professional literature.

Dr. Powers is on several editorial boards including the Journal of Applied Biomechanics, Journal of Orthopaedic and Sports Physical Therapy, Physical Therapy, Foot & Ankle International, and the Journal of Athletic Training. He is an active member of the American Physical Therapy Association, serving as Vice President of the California Chapter and President-elect of the Section on Research.



Michael W. Collins, PhD

Neuropsychologist

Assistant Director of the UPMC Sports Medicine Concussion Program

Chief Clinical Officer of ImPACT Applications, Inc.

University of Pittsburgh Medical Center

Michael (Micky) Collins, PhD, a nationally renowned sports concussion clinician and researcher, joined the UPMC Sports Medicine Concussion Program as assistant director when the program was established in September, 2000. He received his bachelor's degree in psychology and biology at the University of Southern Maine in 1991, his master's degree in psychology at Michigan State University in 1995, and his doctorate degree in clinical psychology at Michigan State in 1998. He subsequently completed a clinical neuropsychology internship at the University of Florida and a neuropsychology fellowship at the Henry Ford Health System in Detroit.

In 1999, Dr. Collins authored two major multi-site studies involving the effects of concussion and return-to-play evaluation methods. These studies were published in the Journal of the American Medical Association (JAMA). Dr. Collins continues to administer and oversee clinical programs for concussion management for sports teams at several major colleges, universities, and high schools throughout the country. He is a clinical consultant to the Pittsburgh Steelers, NFL Europa, Major League Baseball, USA Lacrosse, USA Rugby, and to several high school, collegiate, and professional sports organizations both nationally and internationally.

He has published over 60 peer-reviewed articles in sports medicine and other medical journals and is a frequently invited presenter on the topic of sports concussions at national and international meetings. He has co-authored a sports concussion textbook and is a reviewer for JAMA, Neurosurgery, Pediatrics, American Journal of Sports Medicine, as well as on the Editorial Board for the Journal of Athletic Training Association.

Featured Guest Faculty



Lars Engebretsen, MD, PhD
Orthopedic Surgeon and Professor
Ullevaal University Hospital and University of Oslo, Medical School
Co-chair of the Oslo Sports Trauma Research Center
Chief of Sports Medicine of the Norwegian Olympic Sports Federation
Chief Physician for Norwegian Olympic Teams
Director of Research for the International Olympic Committee

Lars Engebretsen, MD, PhD is a Professor and Director of Research at Orthopaedic Center, Ullevaal University Hospital and University of Oslo Medical School and Professor and Co-Chair of the Oslo Sports Trauma Research Center. He is also Chief Doctor for the Norwegian Federation of Sports and heads the medical service at the Norwegian Olympic Center.

In 2007 he was appointed Head of Science and Research for the International Olympic Committee. He is a specialist in Orthopaedic and general surgery and authorized as a Sports Medicine Physician by the Norwegian Society of Sports Medicine. He serves as chief team physician for the Norwegian Olympic teams.

His main area of research is resurfacing techniques of cartilage injuries, combined and complex knee ligament injuries and prevention techniques of sports injuries. He is currently the President of ESSKA (European Society of Sports Traumatology, Knee Surgery and Arthroscopy). He serves on several major sports medicine journal editorial boards and has published more than 200 papers and book chapters.



Mark S. Link, MD
Cardiac Electrophysiologist
New England Medical Center
Associate Professor of Medicine
Tufts University School of Medicine in Boston

Mark Link, MD, serves as Professor of Medicine at Tufts University School of Medicine, Director for the Center for the Evaluation of Athletes and of NEMC Heart Station, Co-director of Cardiac Electrophysiology Laboratory and the NEMC Hypertrophic Cardiomyopathy Center at Tufts Medical Center.

Dr. Link received his medical degree from Tufts University School of Medicine, Boston, MA. He completed his residency in internal medicine at Columbia Presbyterian Medical Center, New York, NY and fellowships in Cardiology and Cardiac Electrophysiology at Tufts University/New England Medical Center, Boston, MA.

As a staff physician in the United States Air Force, Dr. Link served as a director and associate director for internal medicine both in the United States and overseas. Dr. Link has published 70 peer reviewed journal articles, more than 100 published abstracts and has spoken internationally on a variety of cardiac related topics.



Lynn Snyder-Mackler, PT, ATC, SCS, ScD
Alumni Distinguished Professor of Department of Physical Therapy
Academic Director of University of Delaware Physical Therapy Clinic
Residency Director of Sports Physical Therapy Residency
Academic Director of Graduate Program in Biomechanics and Movement Science University of Delaware

Lynn Snyder-Mackler, PT, ATC, ScD, SCS, is an Alumni Distinguished Professor for the Department of Physical Therapy at the University of Delaware, Newark, DE. She also serves as Academic Director for Physical Therapy and the Graduate program in Biomechanics and Science, and the Residency Director for Sports Physical Therapy Residency at the University of Delaware. In addition, she is a Visiting Researcher to the School of Health and Bioscience of East London, London, UK (March 2007 – March 2009) and Adjunct Associate Research Professor for the Department of Orthopedics, Thomas Jefferson University College of Medicine, Philadelphia, PA.

Dr. Snyder-Mackler is actively pursuing four research projects and has completed more than 20 others. She has published more than 100 peer reviewed articles and has spoken internationally on sports injury related topics.

Dr. Snyder-Mackler received her bachelor's degree at Johns Hopkins University, her Physical Therapy certificate and master's degree at the University of Pennsylvania. She received her Doctor of Science in Applied Anatomy and Physiology from Boston University.



Thomas Terrell, MD, MPH
Sports Medicine Physician
Halifax Medical Center
Family Medicine Residency Program - Sports Medicine Fellowship Program

Thomas Terrell, MD, MPH is a Sports Medicine Physician for Halifax Medical Center in Daytona Beach, FL specializing in Sports Medicine and Family Medicine. He has had a wealth of valuable experiences in different clinical sports medicine settings. He has worked with Resurgens Orthopedics (Atlanta, GA), and the Georgia Tech volleyball team. He has also served as a faculty member and a team physician at the University of Maryland and the University of South Carolina - Columbia. Dr. Terrell has worked with the University of Maryland in College Park and Baltimore County, Coppin State College, and the Baltimore Ravens NFL team. One of his career highlights was spending two weeks at Lake Placid, NY in the US Olympic Committee Physician Volunteer program in 1999, complementing his previous work at the 1996 Olympic Games Polyclinic.

Dr. Terrell studied at the University of Cambridge in England obtaining a Master of Philosophy in Biological Anthropology. His medical training was completed at Emory University School of Medicine and MAHEC Family Medicine Residency in Asheville, NC. In addition, he attended the primary care sports medicine fellowship training program at Michigan State University.

Dr. Terrell has obtained prior grant funding on the issue of "Genetic risk factors for concussion in athletes" and has been published in several journals, including the Clinical Journal of Sport Medicine, on this topic. He is on the Research Committee of the American Medical Society of Sports Medicine.

Friday, May 8, 2009

Time	Title	Speaker	Meeting Room
7:15 a.m.	Registration Begins / Continental Breakfast		
Session # 1	THE KNEE	Moderated by Verle Valentine, MD	
7:50 a.m.	Welcome / Announcements	Verle Valentine, MD	
8 a.m.	The Future of Cartilage Repair and Transplantation	Tryg Odney, MA, ATC	
8:30 a.m.	The ACL Syndrome: Is it more than a ligament injury?	Lars Engebretsen, MD, PhD	
8:55 a.m.	The Influence of Proximal Weakness on Lower Extremity Injuries	Paul Reynen, MD	
9:25 a.m.	Rehabilitation after Cartilage Related Injury	Christopher Powers, PT, PhD	
9:55 a.m.	Panel Discussion of the Knee <i>Panel: Engebretsen, Reynen, Powers, and Snyder-Mackler</i>	Lynn Snyder-Mackler, PT, ATC, SCS, ScD	
10:15 a.m.	Refreshment Break – Vendor Visits		
Session # 2	OVERUSE INJURIES OF THE LOWER EXTREMITY	Moderated by Paul Reynen, MD	
10:35 a.m.	Jumpers Knee - Prevention and Treatment	Lars Engebretsen, MD, PhD	
11:05 a.m.	Stress Fractures of the Lower Extremity	Thomas Terrell, MD	
11:30 a.m.	Panel Discussion of Overuse Injuries of the Lower Extremity <i>Panel: Engebretsen and Terrell</i>		
11:45 a.m.	LUNCH		
Session # 3	CONCUSSION IN SPORT	Moderated by Verle Valentine, MD	
12:40 p.m.	Concussion: Defining the Clinical Syndrome	Michael Collins, PhD	
1 p.m.	On-Field Management of the Concussed Athlete	Robert Cantu, MD	
1 p.m.	Post-Acute Management of Cerebral Concussion	Michael Collins, PhD	
2 p.m.	Catastrophic and Long Term Effects of Concussion	Robert Cantu, MD	
2:30 p.m.	Panel Discussion of Concussion in Sport <i>Panel: Collins and Cantu</i>		
2:50 p.m.	Refreshment Break – Vendor Visits		
Session # 4	BREAKOUT SESSION “A” (Choose One)		
3:05 – 4 p.m.	Dynamic Evaluation of the Lower Extremity	Christopher Powers, PhD, PT	Exhibit Hall
	Evaluation and Management of Foot and Ankle Injuries	Thomas Terrell, MD	Amphitheater I
	Return to Play Issues Following Cervical Spine Injury	Robert Cantu, MD	Amphitheater II
	Evaluation of the Lumbar Spine: The Postural Restoration Approach	Jill Honermann, PT, MSPT, PRC	Jefferson Room
4 p.m.	Refreshment Break – Vendor Visits	Joan Hanson, MPT, PRC	
Session #5	BREAKOUT SESSION “B” (Choose One)		
4:05 – 5 p.m.	Current Trends in Lower Extremity Rehabilitation	Christopher Powers, PhD, PT	Exhibit Hall
	Physiological Testing for Athletic Health and Performance	Michael Bergeron, PhD	Amphitheater I
	Case Reviews in Concussion Management	Michael Collins, PhD	Amphitheater II
	Mobilization Techniques of the Shoulder Girdle	Brett Hudson, MSPT	Jefferson Room
5 p.m.	Refreshment Break - Vendor Visits	William Meredith, PT, MHS, OCS	
Session #6	BREAKOUT SESSION “C” (Choose One)		
5:05 – 6 p.m.	Rehabilitation Techniques for the Unstable Patella	Lynn Snyder-Mackler, PT, ATC, SCS, ScD	Exhibit Hall
	Sports Medicine in Norway and the Olympic Experience	Lars Engebretsen, MD, PhD	Amphitheater I
	Concussion Management – Yesterday, Today, and Tomorrow	Robert Cantu, MD	Amphitheater II
	Evaluation of the Lumbar Spine: The Postural Restoration Approach	Jill Honermann, PT, MSPT, PRC	Jefferson Room
6 p.m.	Evaluations	Joan Hanson, MPT, PRC	
6:15 p.m.	Adjourn		
6:15 – 7:45 p.m.	Social – Ramkota		Washington Room

Saturday, May 9, 2009

Time	Title	Speaker	Meeting Room
7:15 a.m.	Registration Begins / Continental Breakfast		
Session # 7	PEDIATRIC ISSUES	Moderated by Tim Walker, MD	
7:50 a.m.	Welcome / Announcements	Verle Valentine, MD	
8 a.m.	Youth Sports: Challenges During Training and Competition	Tryg Odney, MA, ATC	
8:25 a.m.	ACL injuries in young children	Michael Bergeron, PhD	
8:50 a.m.	I Can't Straighten My Elbow: A Primer on Pediatric Elbow Injuries	Lars Engebretsen, MD, PhD	
9:15 a.m.	Low Back Pain in the Adolescent Athlete	Geoffrey Haft, MD	
9:40 a.m.	Overuse Injuries of the Growth Plate	Thomas Boetel, MD	
10:05 a.m.	Panel Discussion of Pediatric Issues Panel: Bergeron, Engebretsen, Haft, Boetel, and Terrell	Thomas Terrell, MD	
10:25 a.m.	Refreshment Break – Vendor Visits		
Session # 8	THE UPPER EXTREMITY	Moderated by Tim Walker, MD	
10:40 a.m.	Thumb Injuries	Robert Van Demark Jr., MD	
11 a.m.	SLAP Lesions of the Thrower's Shoulder	Jason Hurd, MD	
11:20 a.m.	Special Considerations for the Female Thrower	Lynn Snyder-Mackler, PT, ATC, SCS, ScD	
11:45 a.m.	Panel Discussion of the Upper Extremity Panel: Van Demark, Hurd, and Snyder-Mackler		
Noon	LUNCH		
Session # 9	GENERAL MEDICAL ISSUES	Moderated by Verle Valentine, MD	
12:50 p.m.	Commotio Cordis	Mark Link, MD	
1:15 p.m.	Abdominal Injuries in Sports	Thomas Terrell, MD	
1:40 p.m.	Panel Discussion of General Medical Issues Panel: Link and Terrell		
1:55 p.m.	Refreshment Break		
Session # 10	BREAKOUT SESSION "D" (Choose One)		
2:05 – 3 p.m.	Special Evaluation & Rehabilitation Concerns for the Female Thrower	Lynn Snyder-Mackler, PT, ATC, SCS, ScD	Exhibit Hall
	The Athlete's Heart	Mark Link, MD	Amphitheater I
	Prevention of Injuries in Soccer	Lars Engebretsen, MD, PhD	Amphitheater II
	Splinting of the Elbow, Wrist and Hand	Karen Van Holland, OTR/L, CHT	Jefferson Room
3 p.m.	Refreshment Break		
Session # 11	BREAKOUT SESSION "E" (Choose One)		
3:05 – 4 p.m.	Rehabilitation & Dynamic Stabilization of the ACL Deficient Knee	Lynn Snyder-Mackler, PT, ATC, SCS, ScD	Exhibit Hall
	Evaluation of the Shoulder	Jason Hurd, MD	Amphitheater I
	Rehabilitation of the Soccer Athlete	Kim Wieking, PT, MS, SCS	Amphitheater II
	Strength and Conditioning for the Golfer	Nick Ovenden, HFS, TPI-CGFI	Jefferson Room
4 p.m.	Refreshment Break		
Session # 12	BREAKOUT SESSION "F" (Choose One)		
4:05 – 5 p.m.	Functional Evaluation of the Runner	Steven Young, PT, MSPT, CSCS	Exhibit Hall
	Physiological Testing for Athletic Health and Performance	Michael Bergeron, PhD	Amphitheater I
	Common Wrist Injuries in Athletes	Brett Bastian, PA-C	Amphitheater II
	Mobilization Techniques of the Shoulder Girdle	Brett Hudson, MSPT	Jefferson Room
		William Meredith, PT, MHS, OCS	
5 p.m.	Evaluations		
5:15 p.m.	Adjourn		

Sanford Faculty

Program Directors



Verle Valentine, MD
Sports Medicine Physician
Sanford Clinic Orthopedics & Sports Medicine
Medical Director, Sanford Sports Medicine
Team Physician: University of Sioux Falls, University of South Dakota, Sioux Falls Canaries, Sioux Falls Skyforce, Brandon Valley HS



Tryg Odney, MA, ATC
Outreach Manager/Certified Athletic Trainer
Sanford Sports Medicine
Sanford USD Medical Center



Brett Bastian, PA-C
Physician Assistant
Sanford Clinic Neurosurgery & Spine



William Meredith, PT, MHS, OCS
Physical Therapist
Outpatient Rehabilitation Services & Sports Medicine
Sanford USD Medical Center



Michael F. Bergeron, PhD, FACSM
Director, National Institute for Athletic Health & Performance and Center for Youth Sports & Health
Professor, Department of Pediatrics
Sanford School of Medicine of The University of South Dakota



Nick Ovenden, HFS, TPI-CGFI
Senior Exercise Specialist
Sanford POWER Program
Sanford USD Medical Center



Thomas M. Boetel, DO
Physiatrist
Sanford Clinic Physical Medicine & Rehabilitation
Medical Director, Sanford Spine Center



Paul D. Reynen, MD
Orthopedic Surgeon
Sanford Clinic Orthopedics & Sports Medicine
Team Physician: University of South Dakota, Augustana College, University of Sioux Falls, Sioux Falls Canaries, Sioux Falls Skyforce



Geoffrey F. Haft, MD
Pediatric Orthopedic Specialist
Sanford Clinic Orthopedics & Sports Medicine



Robert E. Van Demark Jr., MD
Orthopedic Surgeon
Sanford Clinic Orthopedics & Sports Medicine



Joan Hanson, MPT, PRC
Physical Therapist
Sanford PT Solutions
Sanford USD Medical Center



Karen Van Holland, OTR/L, CHT
Occupational Therapist
Outpatient Rehabilitation Services & Sports Medicine
Sanford USD Medical Center



Jill Honermann, PT, MSPT, PRC
Physical Therapist
Sanford Spine Center
Sanford USD Medical Center



Timothy L. Walker, MD
Orthopedic Surgeon
Sanford Clinic Orthopedics & Sports Medicine
Team Physician: Sioux Falls Roosevelt HS, Sioux Falls Soccer Association



Brett Hudson, MSPT
Physical Therapist
Outpatient Rehabilitation Services & Sports Medicine
Sanford USD Medical Center



Kim Wieking, PT, MS, SCS
Physical Therapist
Sanford Teamwork Physical Therapy
Sanford USD Medical Center



Jason L. Hurd, MD
Orthopedic Surgeon
Sanford Clinic Orthopedics & Sports Medicine
Team Physician: Sioux Falls Lincoln HS



Steven W. Young, PT, MSPT, CSCS
Physical Therapist
Outpatient Rehabilitation Services & Sports Medicine
Sanford USD Medical Center

Symposium Description and Learning Objectives

The purpose of this symposium is to present clinical topics related to sports medicine and sports-related conditions and injuries to healthcare professionals. The specific learning or performance objectives for this activity include:

- Review current topics in sports medicine and orthopedics.
- Discuss current concepts in diagnosis and treatment of knee, head and neck, and upper and lower extremity conditions.
- Discuss current concepts in diagnosis and management of concussions.
- Identify key concepts in shoulder, knee, and back rehabilitation.
- Identify key concepts in pediatric and general medical issues in sports medicine.

Attendance at this Sanford course does not indicate nor guarantee competence or proficiency in the performance of any procedures that may be discussed or taught in this course.

Credit

CME: Sanford USD Medical Center is accredited by the South Dakota State Medical Association to provide continuing medical education for physicians.

Sanford USD Medical Center designates this educational activity for a maximum of 16.75 AMA PRA Category I Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

CNE-Net: Sanford Center for Learning & Innovation is the approved provider of continuing nursing education by the CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact Hours: 16.75

BOC – CEU: Sanford USD Medical Center (P-2211) is recognized by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers.

Sanford USD Medical Center designates this continuing education for 16 CEUs for Certified Athletic Trainers.

Registration: 2009 Sanford Sports Medicine Symposium

Please print or type all information. You may duplicate this form for multiple registrations.

Name: _____
Degree: ☐ MD ☐ PhD ☐ NP ☐ PA ☐ DO ☐ RN
☐ ATC ☐ PT ☐ OT ☐ Other _____
Medical Specialty: _____
Institution: _____
Email: _____
Address: _____
City: _____
State _____ Zip Code: _____
Home Ph: _____
Business Ph: _____
Fax: _____

☐ Attending Symposium Social

Friday, May 8 • 6:15 – 7:45 p.m.

How did you learn about the Sanford Sports Medicine Symposium?

- ☐ Postcard ☐ Internet ☐ Program
☐ Colleague ☐ Association Newsletter
☐ Other

Registration Fee

	Early Bird	By 4/3/09	After 4/3/09
Physicians	<input type="checkbox"/> \$250	<input type="checkbox"/> \$275	
PT, ATC, OT, RN, Residents and other Allied Health	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200	
Student, Full-time (w/ certified letter of student status)	<input type="checkbox"/> \$100	<input type="checkbox"/> \$125	

Method of payment

☐ Cash/Check (Make checks payable to Sanford USD Medical Center)
☐ Visa ☐ Mastercard ☐ Discover
Name as it appears on card: _____
Card number: _____
Exp. Date: _____
Signature: _____
Payment must be submitted with registration.

Mail or Fax this completed registration form with payment to:

Sanford Health Center for Learning and Innovation
Attn: Nikki Terveer
1305 W. 18th Street
Sioux Falls, SD 57117-5039
Phone: (605) 328-6353 Fax: (605) 328-6301
Email: terveern@sanfordhealth.org



Intended Audience

This course is designed for physicians who evaluate and treat sports and musculoskeletal injuries, as well as residents-in-training, nurse practitioners, physician assistants, athletic trainers, physical therapists, occupational therapists, nurses and others working with active populations.

Date and Location

The Sanford Sports Medicine Symposium will be held May 8-9, 2009. The course will be held at the Ramkota Hotel & Conference Center, 3200 W. Maple St., Sioux Falls, South Dakota.

Social

A social for symposium faculty and attendees will be held on Friday, May 8th from 6:15 – 7:45 pm. We encourage all to attend the social for an informal meet and greet with the course faculty.

Contact Information

For further information regarding the educational program, or for exhibit or commercial support information, contact Tryg Odney at (605) 328-1727 or odneyt@sanfordhealth.org.

Cancellation Policy

A full refund will be given for complete registration cancellations made before April 1, 2009. After April 1, 2009, a \$50 cancellation fee will be assessed. A written letter requesting cancellation must be faxed to (605) 328-6301. No refunds will be issued for requests made after May 8, 2009. Hotel cancellations should be made with the hotel per its policy.

If you have any special needs that require additional assistance, please call us. Requests must be received at least two weeks prior to the symposium.

Faculty Disclosure

Faculty disclosure and commercial relationship information will be made available at the activity. Speakers are required to disclose discussion of any off-label, experimental or investigational uses of drugs or devices in their presentations. Disclosure of these relevant financial relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Disclaimer

This information is provided for general medical educational purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the faculty. They do not represent an endorsement by Sanford. In no event will Sanford be liable for any decision made or action taken in reliance upon the information provided through this activity.

This CE activity is supported through unrestricted educational grants and exhibits. This does not imply Sanford Health Center for Learning and Innovation, ANNC Commission on Accreditation or CNE-Net approval or endorsement of any product.



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Sioux Falls, SD 57117-5039

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Lodging Accommodations

Blocks of guestrooms have been reserved with special course rates at each of the following Sioux Falls hotels. To ensure accommodations and the discounted rate, please make your reservations by April 16, 2009, and identify yourself as a participant of the Sanford Sports Medicine Symposium. The map outlines the location of the Ramkota facility.

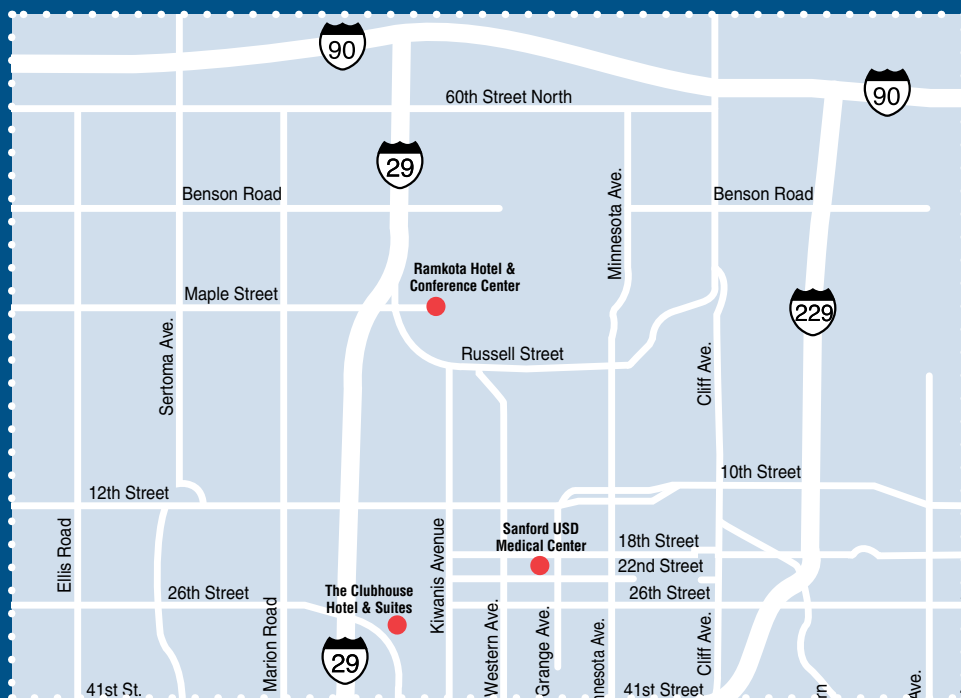
Ramkota Hotel & Convention Center

3200 W. Maple, Sioux Falls, SD 57107
(605) 336-0650 • siouxfalls.ramkota.com
\$79.99 Single / \$89.99 Double

The Clubhouse Hotel & Suites

2320 S. Louise Ave., Sioux Falls, SD 57106
(605) 361-8700 • siouxfalls.clubhouseinn.com
\$99.99 for 1-room Queen/Queen or Std King

You may also wish to visit the Sioux Falls Convention and Visitors' Bureau website www.siouxfallscvb.com for additional accommodation options.



You're Invited

Symposium Social

Friday, May 8, 2009 • 6:15 – 7:45 p.m.
(Please indicate attendance when registering.)

Ramkota Hotel & Conference Center
Washington Room