

PRI Interdisciplinary Studies Summit 2024



Molly Miller, PT, DPT, PRC

Chapel Hill, NC

Presentation Title: *Application of PRI Principles for the Hypermobile Patient*

Molly Miller (she/her) works at Advance Physical Therapy, a Postural Restoration Certified clinic, located in Chapel Hill, North Carolina. She received her Doctor of Physical Therapy in 2017 from UNC Chapel Hill where she also earned bachelor's degrees in Psychology and Exercise and Sport Science in 2013.

Molly completed Basic and Advanced training in PSSE (Physiotherapy Scoliosis-Specific Exercise) from the Schroth Barcelona Institute in her first two years of practice and now specializes in treating patients with curvature of the spine. She joined the STRATER Scoliosis Institute in 2019, which is dedicated to teaching physical therapists safe and effective treatment of scoliosis.

In 2020, Molly was officially certified as a Postural Restoration Certified (PRC) practitioner from the Postural Restoration Institute. She enjoys applying PRI principles to comprehensively evaluate and treat patients with scoliosis, hypermobility syndromes, chronic pain, and postural imbalance. Molly strives to provide holistic and compassionate care to restore movement and optimize breath.

Molly is also passionate about teaching her patients how to participate in yoga safely and received her 200-hour Yoga Teacher Training certification in 2021. When she is not treating patients, she likes spending time with her partner, playing disc golf, reading, and practicing yoga.