PRI Interdisciplinary Studies Summit 2024



Colby Mamigonian, CSCS, PRT Brooklyn, NY

Presentation Title: Biotensegrity and the Physics of Integration in the Body

Colby is a movement teacher and PRT who lives in Brooklyn, NY. He is originally from Dover, New Hampshire. Colby is a forever student, on a continuous journey of learning. Over the past 10 years, this has led him into the deep study of PRI, Biotensegrity, philosophy, physics, psychotherapy and more. He works one on one with patients through the New York area, as well as internationally via telehealth appointments.