

Interdisciplinary Integration 2015 Course Agenda

Day One: Thursday, April 16th

- 7:30-8 Registration and Continental Breakfast
- 8-8:30 The Need to Reduce “Needs” of Extension Powered People
- *Ron Hruska, MPA, PT*
- 8:30-10 Powered & Peripheral Behavioral Vision
- *Heidi Wise, OD, FCOVD*
- 10-10:15 Break
- 10:15-12 Biopsychosocial Components to Building Mental Muscle – Part I
- *Todd Stull, M.D., FAPA*
- 12-1 Lunch (on your own)
- 1-2:30 Optimizing Mindsets: Managing the Mind of Those ‘On Demand’
- *Tracy Heller, Ph.D., CC-AASP*
- 2:30-2:45 Break
- 2:45-4 Biopsychosocial Components to Building Mental Muscle – Part II
- *Todd Stull, M.D., FAPA*
- 4-5:00 Regulating Athletic Internal Drive
- *Tim Miles, Head Basketball Coach University of Nebraska-Lincoln*

Day Two: Friday, April 17th

- 7:45-8 Sign-In and Continental Breakfast
- 8-9:00 Neurologic Drive: Is It Fueled By Occipital Protrusion or Atlas Retrusion?
- *Ron Hruska, MPA, PT*
- 9-10:00 Occlusal Influence on Hemi-Cranial and Sagittal Plane Activity
- *Margo Schnell, DDS*
- 10-10:15 Break
- 10:15-12 Practical Application of Neuroscience for High Powered Performers
- *Bill Hartman, PT, CSCS*
- 12-1 Lunch (on your own)
- 1-2:30 Integrating Limitations For Required Optimal Human Performance
- *Dallas Wood, ATC, CSCS & Zachary Nott, CSCS, SCCC, PRT*
- 2:30-3:30 ‘Safely’ Strengthening and Conditioning Those Who Function In ‘Un-Safe’ Situations
- *Dallas Wood, ATC, CSCS & Zachary Nott, CSCS, SCCC, PRT*
- 3:30-45 Break
- 3:45-5 Establishing Rhythmic Trusion Using PRI Techniques
- *Ron Hruska, MPA, PT*