

# PRI Interdisciplinary Studies Summit 2024



***Miguel Aragoncillo, CSCS, PRT***

Boston, MA

**Presentation Title:** *Application of a PRI Framework to Phases of Pitching and Sprinting*

Currently, Miguel is working as a sports performance coach with the MLS team New England Revolution. With over 13 years of experience in sports performance and strength & conditioning, he is able to blend information from movement assessments and sports science technology to deliver an optimal result for the teams and athletes he works with.

Miguel also works as a performance and manual therapist, using skills in restorative and manual therapy to help athletes prepare for their upcoming seasons and recover from injuries. He has been published in Men's Health, along with presenting in multiple state and regional clinics for nationally recognized organizations.

Specifically for PRI, Miguel became certified as a Postural Restoration Trained clinician from the Postural Restoration Institute in 2017. From a sports specific perspective, Miguel's passion lies in understanding how to help athletes improve upon their movement qualities, whether it is a specific skill such as pitching, or improving their abilities to sprint, change direction, and excel at their sport.