

I wanted to provide some background information on the patient you are going to help me with through Video Conferencing. He has an 8-year history of low back pain and right posterior SI joint and gluteus pain (never been diagnosed as SI Joint Dysfunction).

He was referred to me by his psychiatrist for PRI who specializes in chronic pain.

I thought at first I had a Myokinematic Restoration slam dunk, but unfortunately, I was wrong.

This gentleman has been all over looking for answers for his low back pain. Most recently, his doctor concluded he has pain emanating from his right iliacus and iliopsoas muscle that he feels is muscular. He injected these muscles and the patient had pain relief for 24 hours before reoccurring. He then injected his right glute max.

He appears to have patho-scoliosis. I have attempted to restore his myokinematics, but all that did was create further instability in his spine and he has “gone out” as he calls it several times over the last month.

I recently put him in PRI orthotics and changed him from Nikes to Asics 2150. I wanted him in Evolutions, but I feared it may be too much change. He had surgery on his left arch for a collapsed arch and was very fearful that the change in orthotics would flare up his foot and put him on crutches and further exacerbate his low back pain (this has happened in the past).

He has an anterior visional midline shift as well; he often looks down and to the right. I have not pursued this yet.

His X-RAYS/MRI reveal an ‘S’ shaped scoliosis of his lumbar spine.