

RiverView Health

RiverView Physical Therapist Certified by Postural Restoration Institute

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Crookston, MN – RiverView Rehab Services physical therapist Christel Parvey recently earned the designation of Postural Restoration Certification (PRC). Postural restoration is a physical therapy technique that aims to restore a more neutral posture for individuals. Parvey is one of only 40 physical therapists in the nation to achieve this certification.

PRC is a result of advanced training from the Postural Restoration Institute in Lincoln, Nebraska. In addition to completion of the advanced coursework, individuals who attain certification from the Institute are required to show extraordinary interest and devotion to this innovative treatment approach to the science of physical medicine. The PRC examination, which includes clinic and analytical aspects, took place on December 9, 2008 at the Postural Restoration Institute, following four days of advanced training. Parvey had previously attended eight other Postural Restoration Institute training programs.



The Postural Restoration Institute is dedicated to clinical education, research, and the ongoing search for improved pathways of physical medicine. They offer resources, education opportunities, research, and patient-care programs to assist those who wish to maximize their assessment and treatment skills in areas of respiration, myokinematics, neuromuscular applications, and postural imbalances. Parvey joined the RiverView Rehab department in June of 2006. A graduate of the University of North Dakota, she received her master's degree in physical therapy in 2001 and her doctorate degree in physical therapy in 2005. She has been practicing in an outpatient orthopaedic setting since 2001. Parvey lives in Grand Forks with her family and works at the RiverView Clinic in East Grand Forks as well as the RiverView Rehab Services Department at RiverView's main campus in Crookston.